

School Sports Programme



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Introduction

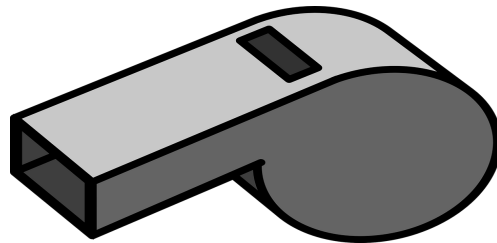
Westminster Christian School offers a wide range of sports for students to participate and compete in. The details of these sports, competitions, sports ribbons and awards and the Schools Code of Sporting Conduct for children, coaches, and parents are outlined in this document.

Westminster is committed to providing a sports programme that both reflects our schools special character and supports the New Zealand Health and Physical Education Curriculum through the promotion of physical activity while participating in sports with the goal of promoting Hauora, a state of well-being, this being essential to keeping students healthy and happy. This is achieved through the involvement and commitment of the staff, coaches, and parents assisting to deliver this programme.

Mr Gillanders is our School Sports Co-ordinator and is responsible for the promotion and organisation of sport within the school. Miss Govender will be assisting and linking the programme with the in-school sports events such as cross country etc.

Parents with relevant sports skills or just a passion for sport are encouraged to participate and help through the coaching of the teams. Coaching courses for parents may also be available in the relevant sports in this programme through the schools association with other sports organisations and trusts.

Any queries in relation to the sports programme can be directed to Mr Gillanders at davidg@westminster.school.nz or Miss Govender at jadeneg@westminster.school.nz



Westminster Code of Sporting Conduct

As a school our goal is for every child to aim to be the best they can be in whatever sports they wish to be involved in.

Coaches, managers, players, and supporters, are expected to follow the principles of Fair Play. This is outlined through the School's Code of Behaviour and the Code of Sporting Conduct which promote a respect for all and fair play. Respect for others and self lies at the core of the Special Christian Character of Westminster Christian School.

Players' Responsibilities

The responsibilities of the player are to:

- Ensure the Special Christian Character of Westminster Christian School is observed at all times, both on and off the field.
- Play the game for your own enjoyment and to improve your skills.
- Play the game within the rules and also abide by the principles of fair play.
- Respect opponents, referees, umpires, and your team members.
- Play hard but fair
- Be gracious winners and dignified losers
- Listen to, and follow, coaches, managers and captains instructions to the best of your ability.
- Attend all training and games. When this is not possible, tell the coach, manager or team Captain.
- Uphold all school rules in terms of uniform and behavior.
- Help ensure all equipment and facilities are looked after and left in good condition.

Team Captains' Responsibilities

The responsibilities of the Team Captains are to:

- Ensure the Special Christian Character of Westminster Christian School is upheld at all times.
- Lead by example in terms of actions, dress, behavior, attitudes and fair play
- Action the respective coach's directions on the field
- Support all players, both on and off the field
- Encourage all players to uphold the school rules and fair play principles
- Liaise with the respective coach/team manager about any team problems
- Assist with:
 - issuing and collecting equipment
 - tidying changing rooms and facilities used
- Ensure that the team recognises the efforts of coaches/managers/parents who give up their time to assist.

Coaches' and Team Managers Responsibilities:

The responsibilities of the Coaches and Managers are to:

- Ensure the conduct of all team members and people associated with the team are consistent with the Special Christian Character of our school.
- Ensure the School Sports Coordinator is kept informed of any team changes or requirements and communications with parents.

- Establish and communicate team policies to the students, particularly in the game situation.
- Ensure all students know we respect Fair Play.
- Lead by example, especially in regard to practicing, co-operation, self-control, respect for others and proper attitudes in language, dress and behaviour on and off the field.
- Coach sport for the development of the individual and the team, enabling the fulfillment of each team and individual's potential.
- Allow, as much as possible, all players to receive equal playing time.
- Coach to make sport challenging and fun.
- Develop and communicate team strategies, remembering all individuals have differing maturity and ability.
- Be reasonable in the demands on the commitment of players, eg. time.
- Safety is a key principle, always.
- Will foster respect for umpires and sporting officials.
- Ensure all players are aware of team selections.
- Establish a training timetable and undertake regular training sessions.
- Utilise coaching opportunities to benefit players and coach's development.
- Carry and maintain a suitable first-aid kit.
- Ensure proper medical attention is available to any injured players.
- Communicate with parents/guardians of any injured player and in the case of a serious injury inform the Teacher-in-Charge.
- To nominate player of the day.
- Maintain a record of team and individual performances for the season.
- Inform the sports co-ordinator and Mrs Gillanders of game results.

Parents or Caregivers' Responsibilities:

The responsibilities of parents or guardians are to:

- Lead by example. We are there for the participants to enjoy the game. Enjoyment is as important as winning.
- Never laugh at mistakes or losses - you are there to support.
- Respect team and match officials' decisions.
- Support all team officials.
- Respect and support all opposition players.
- Encourage adherence to school rules and the principles of fair play at all times.
- Always support players
- Discuss any problems with our Sports Coordinator.

- Ensure uniform requirements are met.
- Assist with the provision of transport to/from and supervision at games.
- Assist with coaching and officiating if possible.
- Ensure all sport charges are paid.
- Recognise all volunteers are giving up their time



School Sports League Participation

Westminster Christian School is involved and participates in many sporting leagues organised by outside clubs and organisations including Harbour Softball and Harbour Sports along with other organisations. Most of these sports are played after school.

The following sports are available at Westminster Christian School for most age groups and are delivered by the relevant sports leagues and organisations.

- Basketball
- Winter and Spring Netball
- Softball - School and Club
- Winter and Summer Hockey
- Touch Rugby
- Winter and Summer Football

- Volleyball
- Table Tennis
- Chess

Enrolment:

A Westminster Sports Information Day will be held at the start of Term 1 (date and time will be advised by email to all parents in week 1). This is a great opportunity for parents to come in and discuss the sports their children may be interested in and to sign up their children for the sports they wish to participate in during the year.

Letters will be sent home with students and emails to parents for enrolment as well approximately 4 weeks prior to the start of each sports competition or tournament. Fees are charged to cover the cost of participation in the sports teams. These are to be paid prior to the commencement of the season.

Forms and Fees must be handed in to the office by the due date or the child may not be given a place in a team.

Communication:

To ensure all relevant parties are kept well informed, all written correspondence to coaches, children, and parents is to be passed through the School Sports Coordinator by way of email if possible.



Coaches:

We are always looking for parents who are happy to step up and coach some of our teams. Coaching courses are also available for parents to attend and we encourage them to do so. If you are looking at helping with coaching a team and interested in some of the coaching courses please contact Mr Gillanders on davidg@westminster.school.nz so he can discuss these opportunities further with you.

Practices:

All students are expected to attend scheduled practices, normally once a week. The times will be set by the coaches in consultation with parents as some practices may be after school as well. Children are required to wear their PE uniform to practices and any other appropriate gear as advised by their coach.

Coaches need to ensure space is available for their practices and can book time and spaces through either the office - admin@westminster.school.nz

Equipment is available from the PE Shed. It is the responsibility of the coaches to ensure all gear is put away correctly after use and that the PE shed is locked.

Uniforms:

Students representing Westminster Christian School in sport are required to wear a uniform. The PE Uniform will be used for most sports unless advised otherwise. For some sports ie: Netball/Rugby etc the school will provide a specific uniform. The uniforms are to be worn correctly at all times.

Uniforms provided by the school are to be returned clean and tidy at the end of the season or when instructed by the Sports Co-ordinator.

A fee of \$5.00 will be charged for uniforms supplied by the school ie: Rugby Jerseys and Netball uniforms. One fee for each uniform/sport for the entire season. This fee is for uniform wear and tear and new uniforms. Damage to uniforms beyond normal wear and tear parents will be charged the full cost of replacement.



Sports League Opportunities

Basketball:

Year Level	Years 3-8
Club/Organisation	Harbour Basketball/
Venue	Harbour Basketball: North Shore Events Centre/AUT North Campus/Massey University
Term	Semester 1: Terms 1-2 Semester 2: Terms 3-4
Schedule	See Enrolmy for dates and times

Fees	Approx. \$120.00 per player includes the Harbour Basketball Membership fee.
Enrolment	Register via Enrolmy Sport Registrations site.
Uniform and Equipment	Years 3-8 • WCS Basketball uniforms • Navy Socks and Non-Marking Sports Shoes Players to supply their own mouthguards (compulsory)

Year 3-4 Miniball

Years 3-4 play in a mixed league and will be placed in the developmental leagues

Yr 5-6 Miniball: Harbour Basketball

Years 5-6 play in a mixed league and will be placed in the development leagues.

Year 7-8 Intermediate League: Harbour Basketball

Years 7-8 will be playing in either boys or girls teams and will be placed in the relevant league based on experience of the players.

Netball: Winter League and Summer League

Year Level	Years 1-6 Kidzplay Netball Years 7-8 Netball North Harbour
Club/Organisation	Kidzplay Netball and Netball North Harbour
Venue	Kidzplay Netball Pinehurst School Albany. Netball North Harbour Netball North Harbour Centre Northcote Road Northcote.
Term	Winter League - Terms 2-3 Spring League - Term 4
Schedule	Kidzplay Games are played on a Saturday from 8:45am to

	mid-afternoon Netball North Harbour Games are played on a Thursday afternoon
Fees	Kidzplay Costs: \$80.00 approximately per season. Netball North Harbour Costs: \$120.00 approximately per season
Enrolment	Register via Enrolmy Sport Registrations site.
Uniform and Equipment	Years 5-8 • WCS Netball Dress • Navy Blue Socks and Sports Shoes Years 1-4 • WCS Netball Dress • Navy Blue Socks and Sports Shoes

Kidzplay Netball is ideal for players looking to start out playing netball as lower age groups are non-competitive and allows the players to develop their skills and have fun. As they move up in age and skill the games become more competitive.

Netball North Harbour is a competitive league for our intermediate students to compete against other intermediate schools in the area.

Softball: NH Clubs and NH School Competitions

Year Level	NH Club Season - Years 1-8 Girls NH School Competitions Years 5-8 for Fastball45 or Slowpitch45 Competitions
Club/Organisation	North Harbour Softball Association
Venue	Rosedale Park, Albany
Term	Terms 1 and 4
Schedule	TBA
Fees	Varied between Clubs and School Teams
Enrolment	Register via Enrolmy Sport Registrations site.
Uniform and Equipment	NH Clubs Competition • Club uniforms

	NH School Competitions ● PE Uniform ● PE Socks and Sports Shoes
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Hockey: Winter League and Summer League

Year Level	Years 1-8 - Boys and Girls
Club/Organisation	Harbour Hockey
Venue	North Harbour Hockey Stadium Bush Road Albany, North Harbour
Term	Winter Competition - Terms 2 to 3 Summer Competition - Term 4
Schedule	Winter Competition (No year 1 or 2 players in Winter Competition.) ● Years 3-6 - Monday Afternoons ● Years 7-8 - Tuesday Afternoons Summer Competition ● Years 1-6 - Monday Afternoons ● Years 7-8 - Tuesday Afternoons

Fees	Winter Competition - \$200.00 per Student for 2 Terms Summer Competition - \$45.00 per student.
Enrolment	Register via Enrolmy Sport Registrations site.
Uniform and Equipment	Winter Competition ● PE Uniform ● PE Shorts ● Navy Socks and Sports Shoes Summer Competition ● PE Uniform ● Navy Socks and Sports Shoes Players are to supply their own Mouthguards and Shinpads

Year 1-2 and Year 3-4 Ministicks and Year 5-6 Kiwi Sticks Development:

Teams are either boys, girls, or mixed dependent on numbers. Teams are either 4 or 6 aside with 2-3 substitutes.

Year 7-8 Kwik Sticks:

Teams are either boys, girls, or mixed dependent on numbers. Teams are 7 aside. 2-3 Substitutes per team.

Touch Rugby:

Year Level	Years 1-8 Boys and Girls
Club/Organisation	Touch North Harbour
Venue	Year 1-6 Glenfield Rugby Club Kaipatiki Park Glenfield Year 7-8 TBC
Term	Term 4
Schedule	Year 1-6 Wednesday Afternoons Year 7-8 Thursday Afternoons
Fees	Approximately \$30 per student for the season.
Enrolment	Register via Enrolmy Sport Registrations site.

Uniform and Equipment	Years 1-4 ● PE Uniform ● Navy Blue Socks and either Sports Shoes or Rugby Boots with moulded studs only. Years 5-8 ● Westminster Rugby Jersey ● PE Uniform Shorts ● Navy Blue Socks and Sports Shoes or Rugby Boots with moulded studs only.
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Teams are made up of either Mixed, Girls, or Boys teams. Make up of teams will be dependent on numbers. Trials will be held if required.

Teams will either be entered into a A-grade or B-grade level based on their skill level.

Trials will be held for the A-Grade Teams

Football:

Year Level	Years 1-8
Club/Organisation	Albany United Football Club
Venue	Winter Season: Games are played at various parks in the North Shore Area. TBA based on the draws. Summer Season: Games are played at Stanmore Bay Park, Stanmore Bay
Term	Winter Season: Term 1 to 3 (Season is from April to September) Summer Season: Term 4
Schedule	Winter Season: Practices - during the week TBC Games - played on a Saturday Summer Season: Practices - during the week TBC

	Games - played on a Monday evening.
Fees	Winter Season: Approx. Cost Years 1-4 \$165.00 and Years 5-8 \$195.00 per student for the season. Summer Season: Cost \$40.00 per player.
Enrolment	Register via Enrolmy Sport Registrations site.
Uniform and Equipment	Uniform is supplied by the club as students will be playing in the club uniform but in a Westminster team in most cases. Players to purchase club shorts and socks. Players to have shinpads and soccer boots.

This is an excellent opportunity to link our school in with a local football club that offers not only the opportunity to play in a larger league but also offers players the opportunity to do extra training through Skill Centres through the year. So if your children are interested in Football this is a great way for them to further develop their love of this sport.

Volleyball:

Year Level	Years 5 to 8 - Boys and Girls
Club/Organisation	Harbour Volleyball
Venue	Harbour Volleyball Maxwellton Drive Mairangi Bay
Term	Summer Competition - Term 1 and 4
Schedule	Summer Competition ● Years 5-8 - Wednesday Afternoons
Fees	TBA
Enrolment	Register via Enrolmy Sport Registrations site.
Uniform and Equipment	Summer Competition ● PE Uniform

	● Navy Socks and Sports Shoes
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This is a new sport that we have connected to the local organisation as has become very popular amongst students. Intermediate students who attend will likely be playing in the volleyball teams for Sports Camp.

Table Tennis:

Year Level	Years 5-8
Club/Organisation	North Shore Table Tennis Association
Venue	Activzone 30 Downing St Glenfield
Term	Term 2
Schedule	Tuesdays after school between 4pm and 6pm Start Date Mid May
Fees	Approximately \$18.00 per player for the season plus \$20.00 Registration Fee
Enrolment	Register via Enrolmy Sport Registrations site. TBC
Uniform and Equipment	Years 5-8 ● PE Uniform

- | | |
|--|--|
| | <ul style="list-style-type: none">● Navy Socks and Sports Shoes. |
|--|--|

Players attend the evenings and train with club coaches and play amongst themselves.

Intermediate Players may be selected to represent the school at the Totara Springs Sports Camp.

Inter-School Competitions

Westminster Christian School is part of the Auckland Christian Schools and compete against other Christian schools in the Auckland area. The following sports are available for students to represent Westminster Christian School in. Other competitions with other schools may also come available during the year and students and parents will be advised of these opportunities.

ACS Touch Rugby:

Teams selected will represent Westminster Christian School at the ACS Touch Rugby Tournament. This tournament is held in term 1. Students that have played in the Harbour Touch competition the year prior are encouraged to sign up for this tournament and new students wanting to play are also welcome. Trials may be held dependent on numbers. Open to Year 3 to intermediate students.

ACS Cricket:

A year 5 and 6 team and an intermediate team will be selected for this tournament. This tournament is held in term 4. Students with existing cricket experience are encouraged to sign up for these teams along with new players who are interested in competing in this sport. Trials may be held dependent on numbers. Open to year 5 to intermediate students.

ACS Netball:

Teams selected will represent Westminster Christian School at the ACS Netball Tournament. This tournament is held in term 2. Students playing in the Netball North Harbour or Kidzplay Netball competitions are encouraged to sign up for these teams along with new players who are interested in competing in this sport. Trials may be held dependent on numbers. Open to year 3 to intermediate students.

ACS Football:

Teams selected will represent Westminster Christian School at the ACS Football Tournament. This tournament is held in term 2. Students who currently play for a football club are encouraged to sign up for these teams along with new players who are interested in competing in this sport. Trials may be held dependent on numbers. open to year 3 to intermediate students.

ACS Cross Country:

Students will be chosen from the results of the cross country day held at the school. This tournament is held in term 3. Open to year 3 to intermediate students. Number of competitors will be made available closer to the time.

Other Inter-School Tournaments:**Inter-school Swimming:**

The opportunity for a swimming team to be entered into a local primary schools competition is a possibility starting in 2018. Further details will be made available as soon as possible.

Other Inter-school tournaments will be advised as they become available for your children to participate and compete in.



Intra-School Sports

Westminster Christian School holds three sports events inside the school for all age groups. These sports are as follows:

Athletics Sports Day:

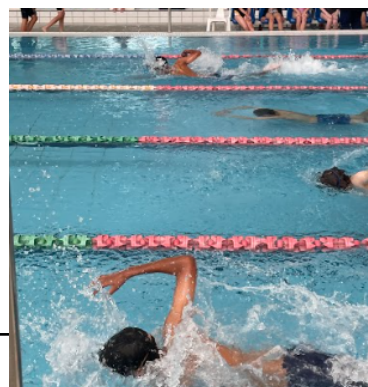
Westminster Athletics Day is held in Term 1. The day will be published in the school newsletter and a letter will be sent home with the students closer to the time. Students from year 1 to intermediate participate in a wide range of athletics focused events. These include Sprints, Shot-put, Long Jump, Discus, and students from the three student houses are chosen to compete in the House Relays at the end of the day. Parents are invited to come and watch and support their children competing.

Cross Country Day:

Westminster Cross Country is held in Term 3. The day will be published in the school newsletter and a letter will be sent home with the students closer to the time. Students from year 1 to intermediate participate in the cross country day with different levels for the different years of the students. House points are won for the winning students of each year level. Winning students are then chosen to compete in the ACS Cross Country Tournament. Parents are invited to come and watch and support their children competing.

Swimming Sports Day:

Westminster Swimming Sports is held in Term 4. The day will be published in the school newsletter and a letter will be sent home with the students closer to the time. Students from year 4 to intermediate participate in the swimming sports. Students can select which races they enter; Flutterboard, Freestyle, Backstroke, and Breaststroke. Students are selected to compete in the Swimming Relays which are held at the end of the day between the three student houses. Winning students will be selected for the inter-school swimming competition. Parents are invited to come and watch and support their children competing.



Intermediate Sports Camp

Westminster Christian School started participating in the Totara Springs (Town and Country) Sports Camp in 2017. This is now an annual camp for all intermediate students to attend and compete in. The camp is over a five day period in Term 3. Students will compete in various sports during the camp from sports like rugby and football to chess and darts. This is a great opportunity for students to compete against other schools from around the north island and an opportunity for the students to socialise and see what other students and schools are doing. The school also competes in the school cheer team which is an excellent way of promoting our schools special character to other schools.

The approximate cost of the camp is \$350.00 per student. Fundraising will be held during the year for the camp to help reduce the cost to parents. All gear and uniforms will be supplied by the school or the camp. Students are welcome to use

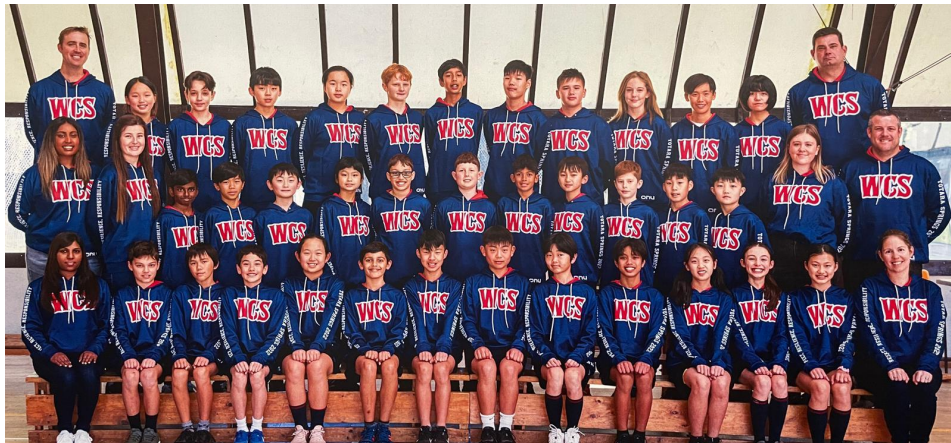
their own gear. Registrations will be open Week 2 of Term 1 and will be available at the Westminster Sports Sign Up Day. Depending on numbers a few places may be opened up for Year 6 students to attend. These students will be chosen by the School Sports Coordinator. Training is held end of Term 1 through to when the camp starts. Training is also done through students competing in the Sports Leagues and Inter- and Intra-School Sports.

Students and parents will be required to sign a letter of commitment to attend all training sessions (most of these training sessions will be part of the existing sports in the school).

Further information on the camp can be found in the link below.

<https://www.totarasprings.org.nz/events/sports-camps/intermediate-school-sports/>

If you have any further queries in relation to this camp please feel free to contact Mr Gillanders at davidg@westminster.school.nz or jadeneg@westminster.school.nz



Sports Achievements

Westminster Christian School encourages and values excellence. Whether it involves skill, knowledge, attitude, behaviour, or service we endeavour to acknowledge and celebrate all the students achievements.

Students that are awarded an achievement in any sport, including out of school sports are encouraged to share their achievement with the Principal and are celebrated during assembly. Individual and Team results will be posted on the School Facebook page weekly.

Students that participate and compete in school sports have the ability to achieve multiple awards from certificates, medals, and trophies.

Player of the Day:

Player of the day trophies and certificates, provided by the sports leagues or school, will be presented to the player that has stood out for achievement, improvement, perseverance and attitude. These awards will be presented after each game by the coach.

Every effort should be made to ensure all players receive this award during the season. However, it is only to be given when deserved. Some players may receive more than one before another player receives one.

House Athletics Trophy

The House Athletics Trophy will be presented to the winning house following the Westminster Athletics Sports Day. The winning house will be based on the house with the most points gained by all the students, Years 1 to 8. This trophy will be displayed in the office foyer area.

House Cross Country Trophy

The House Cross Country Trophy will be presented to the winning house following the Westminster Cross Country Day. The winning house will be based on the house with the most points gained by all the students, Years 1 to 8. This trophy will be displayed in the office foyer area.

House Swimming Sports Trophy

The House Swimming Sports Trophy will be presented to the winning house following the Westminster Swimming Sports Day. The winning house will be based on the house with the most points gained by all the students, Years 4 to 8. This trophy will be displayed in the office foyer area.

Sports League Awards:

In some of the sports leagues winning teams and runners up are awarded trophies or medals as individuals and one of the winning trophies will be put on display in the School Office Foyer.

Auckland Christian Schools Tournament Awards:

The ACS tournaments award the school either certificates or trophies for first, second, and third places. These will be displayed in the School Office Foyer.

School Certificates will be given to the players of the teams that made the first, second, or third places in these tournaments.

Sports Prize Giving Trophies:

There are six trophies that are presented at the Annual Prizegiving. These include the following trophies.

- **Lea Cup for Intermediate Boys**
- **Read Family Cup for Intermediate Girls**
- **Sports Excellence Cup Year 5 and 6 Boys**
- **Sports Excellence Cup Year 5 and 6 Girls**
- **Sports Excellence Cup Year 3 and 4 Boys**
- **Sports Excellence Cup Year 3 and 4 Girls.**

These trophies are awarded to the students that achieve the following criteria;

- Excellence in sport
- Participation in multiple school sports - curricular and extra-curricular.
- Team Player/Team Leader
- Positive Attitude - At trainings and games.
- Excellent attendance to trainings and games.
- Outstanding Sportsmanship and Christian Character - amongst own team and with opposition teams.
- Always respectful to coaches, referees/umpires, and parents.

Sports and Team Photos
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Formal Team Photos taken during the professional class photos sessions will be available to purchase. Coaches are encouraged to be part of the team photos in which they have coached.

Sports Camp Squad photo will also be available. A fee is charged for this photo.

We will also endeavour to take photos of teams during their seasons and on inter-school tournaments and these will be free of charge to parents who have children competing in these teams.



If there are any further queries or information you require in relation to this Sports Programme please feel free to email Mr Gillanders davidg@westminster.school.nz